

Be an important part of our patient safety team!

# IT'S OK TO ASK!



Questions about medications? We will answer them!

Always carry a current list of your medications (including allergies and over-the-counter medications) and their doses with you.

Know why and when you are taking medications.



Request that staff check your identification

We check your identification bracelet to make sure the right patient gets the right care. **IT'S OK TO ASK** staff to check your identification before giving you medications, treatments or starting your procedure!



Are your health care workers cleaning their hands? ASK!

Clean hands prevent the spread of infection. **IT'S OK TO ASK** healthcare workers if they have washed their hands!



If you need help getting up, we will help you!

We don't want you to FALL! Illness, medications, tests and procedures can make you dizzy or weak. You may not be as strong as you feel. **IT'S OK TO ASK** for help before getting up.