

Island Digestive Disease Consultants

400 W. Main St. STE 300 Babylon, NY 11702

P: 631-321-6400 F: 631-321-2969

DATE: _____ TIME: SEE BELOW FOR SCHEDULED LOCATION

☐ <u>Island Digestive Health Center</u> 471 Montauk Highway West Islip, NY 11795 631-376-2260 ARRIVAL TIME: CONTACTS YOU 2 DAYS PRIOR TO PROCEDURE (ALSO SENDS TEXT MESSAGES)	☐ <u>Good Samaritan Hospital</u> 1000 Montauk Highway West Islip, NY 11795 631-376-4808 ARRIVAL TIME: CONTACTS YOU THE EVENING PRIOR TO PROCEDURE
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PREPARATION FOR YOUR ENDOSCOPY/ERCP/EUS/ENDOFLIP

NOTHING to EAT OR DRINK after 12 MIDNIGHT on the night prior to your procedure, except approved medications. If your appointment time is in the afternoon, you may drink clear liquids up to 4 hours prior your procedure.

1. **DIABETIC MEDICATIONS** - Do not take the day of your procedure, if you have any questions please contact your prescribing doctor.
 - **Invokana/Farxiga/Jardiance/Synjardy** - You must **HOLD** the medication for 3 days before the procedure. **If you don't, your procedure will be rescheduled**
2. **BLOOD PRESSURE MEDICATION** - **DO NOT SKIP A DOSE!** Take as scheduled. If you take it in the morning, please do with a tiny sip of water.
3. **BLOOD THINNERS** (COUMADIN, PLAVIX, WARFARIN, XARELTO, ETC) – Must be discussed with your prescribing physician about stopping the medication **PRIOR** to your procedure.
4. **IF YOU ARE TAKING GLP-1 MEDICATIONS, PLEASE MAKE US AWARE!** – YOU MUST HOLD FOR ONE WEEK PRIOR TO PROCEDURE **Ex: Mounjaro, Ozempic, Rybelsus, Wegovy, Zepbound, Trulicity, Byetta, Bydurean, Adlyxin, Victoza, or Saxenda**
5. ALL OTHER MEDICATIONS MAY BE TAKEN WITH A SIP OF WATER.

ON THE DAY OF YOUR PROCEDURE:

- NO CANDY, GUM, OR SMOKING (INCLUDES VAPING)
- **NO FOOD OR LIQUID INCLUDING WATER**
- **DO NOT** apply any lotion to your skin
- **All female patients** are required to take a urine test at surgical facility to proceed with procedure
- Please bring your insurance card, photo ID & co-pay, if required, **and leave all valuables at home.**

POST PROCEDURE INSTRUCTIONS

You will need someone known to you to transport you home. You cannot drive for the rest of the day. Public Transportation to your home is not acceptable unless you are accompanied by a relative or friend.

Medications are given during the procedure to sedate you. After the procedure you may feel awake and alert.

However, your judgment, your reaction time and your reflexes may be impaired for a longer period. You **should not** return to work after the procedure for the rest of the day.