

Island Digestive Disease Consultants

400 W. Main St. STE 300 Babylon, NY 11702

P: 631-321-6400 F: 631-321-2969

DATE: _____ TIME: SEE BELOW FOR SCHEDULED LOCATION

☐ **Island Digestive Health Center**

471 Montauk Highway

West Islip, NY 11795

631-376-2260

ARRIVAL TIME: CONTACTS YOU 2 DAYS PRIOR TO
PROCEDURE (ALSO SENDS TEXT MESSAGES)

☐ **Good Samaritan Hospital**

1000 Montauk Highway

West Islip, NY 11795

631-376-4808

ARRIVAL TIME: CONTACTS YOU THE EVENING PRIOR
TO PROCEDURE

PREPARATION FOR YOUR ENDOSCOPY/ERCP/EUS/ENDOFLIP

YOU ARE ON GLP-1 MEDICATIONS - Mounjaro, Ozempic, Rybelsus, Wegovy, Zepbound,
Trulicity, Byetta, Bydurean, Adlyxin, Victoza, or Saxenda

****YOU MUST HOLD FOR ONE WEEK PRIOR YOUR PROCEDURE!****

YOU MUST BE ON A CLEAR LIQUID DIET THE ENTIRE DAY PRIOR TO YOUR PROCEDURE!

CLEAR LIQUIDS INCLUDE: water, chicken broth, beef broth, vegetable broth, ice tea, lemonade,
Gatorade, black coffee, apple juice, Crystal Light, soda, orange, lemon, or lime Jell-O, ice-pops and
Italian ices. **PLEASE DO NOT** have **ANYTHING** red, blue or purple, dairy products, creamers, milks,
protein shakes, smoothies, orange juice or juice with pulp.

YOU MUST STOP ALL YOUR LIQUIDS AT LEAST 6 HOURS PRIOR TO PROCEDURE!

1. **DIABETIC MEDICATIONS** - Do not take the day of your procedure, if you have any questions
please contact your prescribing doctor.
 - **Invokana/Farxiga/Jardiance/Synjardy** - You must **HOLD** the medication for 3 days
before the procedure. **If you don't, your procedure will be rescheduled**
2. **BLOOD PRESSURE MEDICATION** - **DO NOT SKIP A DOSE!** Take as scheduled. If you take it in
the morning, please do with a tiny sip of water.
3. **BLOOD THINNERS** (COUMADIN, PLAVIX, WARFARIN, XARELTO, ETC) – Must be discussed
with your prescribing physician about stopping the medication **PRIOR** to your procedure.

ON THE DAY OF YOUR PROCEDURE:

- NO CANDY, GUM, OR SMOKING (INCLUDES VAPING)
- **NO FOOD OR LIQUID INCLUDING WATER**
- **DO NOT** apply any lotion to your skin
- **All female patients** are required to take a urine test at surgical facility to proceed with procedure
- Please bring your insurance card, photo ID & co-pay, if required, **and leave all valuables at home.**

POST PROCEDURE INSTRUCTIONS

You will need someone known to you to transport you home. You are not allowed to drive for the rest of the
day. Public Transportation to your home is not acceptable unless you are accompanied by a relative or
friend. Medications are given during the procedure to sedate you. After the procedure you may feel awake and alert.
However, your judgment, your reaction time and your reflexes may be impaired for a longer period. You **should not**
return to work after the procedure for the rest of the day.