

DR.KRIS SUBRAMANI

□ Island Digestive Health Center

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ARRIVAL TIME: CONTACTS YOU 2 DAYS PRIOR TO PROCEDURE (ALSO SENDS TEXT MESSAGES)

MEDICATION INFORMATION

· HOLD ASPIRIN 5 DAYS

· HOLD ELIQUIS-XARELTO-COUMADIN-WARFARIN -PRADAXA -3 DAYS

· HOLD PLAVIX -EFFIENT--5 DAYS

·NO METFORMIN DAY BEFORE OR DAY OF TEST

PREPARATION FOR YOUR ENDOSCOPY

IF YOU ARE ON THESE GLP-1 MEDICATIONS-STOP FOR 7 DAYS - Mounjaro, Ozempic, Rybelsus,

Wegovy, Trulicity, Bydurean, Adlyxin, Victoza, or Saxenda

*****YOU MUST HOLD FOR ONE WEEK PRIOR YOUR PROCEDURE!*****

Ex: If your procedure is on a Monday, the last time you can take the medication is on the previous Sunday.

Hold Byetta 1 day before and the day of.

****Jardiance, Farxiga, Invokana-**HOLD FOR 3 DAYS** prior to the procedure****

YOU MUST BE ON A CLEAR LIQUID DIET THE ENTIRE DAY PRIOR TO YOUR PROCEDURE!

CLEAR LIQUIDS INCLUDE: water, chicken broth, beef broth, vegetable broth, ice tea, lemonade, Gatorade, **black** coffee, apple juice, Crystal Light, soda, **orange, lemon, or lime** Jell-O, ice-pops and Italian ices. **PLEASE DO NOT** have **ANYTHING red, blue or purple**, dairy products, creamers, milks, protein shakes, smoothies, orange juice or juice with pulp.

Do you take DIABETIC MEDICATIONS? Do not take the day of your procedure, if you have any questions contact us.

Do you take BLOOD PRESSURE MEDICATION? DO NOT SKIP A DOSE! Take as scheduled. If you take it in the morning, please do with a tiny sip of water.

BLOOD THINNERS (Coumadin, Plavix, Warfarin, Xarelto, ETC)-Must be discussed with your Cardiologist about stopping the medication PRIOR to your procedure. ALL OTHER MEDICATIONS MAY BE TAKEN WITH A SIP OF WATER.

ON THE DAY OF YOUR PROCEDURE: NO GUM, CANDY OR SMOKING (INCLUDES VAPING)-NO FOOD OR LIQUID INCLUDING WATER-DO NOT APPLY LOTION TO YOUR SKIN

***YOU MUST STOP ALL YOUR LIQUIDS AT LEAST 2 HOURS PRIOR TO PROCEDURE!**

POST PROCEDURE INSTRUCTIONS

You will need someone known to you to transport you home. You are not allowed to drive for the rest of the day. Public Transportation to your home is not acceptable unless you are accompanied by a relative or friend. Only one ride may accompany you in the waiting room. Medications are given during the procedure to sedate you. After the procedure you may feel awake and alert. However, your judgment, your reaction time and your reflexes may be impaired for a longer period. **You should not return to work after the procedure for the rest of the day.**